

Arizona State Personnel System  
**HEALTH STATUS UPDATE AND/OR MEDICAL CLEARANCE FOR RETURN TO WORK**

**SECTION ONE - TO BE COMPLETED BY THE EMPLOYEE**

|  |  |   |
|--|--|---|
| Employee Name <input style="width: 90%;" type="text"/> | EIN <input style="width: 80%;" type="text"/>           | Date <input style="width: 80%;" type="text"/> |
| Agency <input style="width: 90%;" type="text"/>        | Division <input style="width: 90%;" type="text"/>      |   |
| Job Title <input style="width: 90%;" type="text"/>     | Work Location <input style="width: 90%;" type="text"/> |   |

**SECTION TWO - TO BE COMPLETED BY THE HEALTH CARE PROVIDER**  
**Please only address the medical condition for which the employee used medical leave**

|  |   |   |
|--|---|---|
| Date injury/illness began <input style="width: 80%;" type="text"/> | Is this an industrial illness or injury? <input type="radio"/> Yes <input type="radio"/> No | Date of next appointment <input style="width: 80%;" type="text"/> |
| Nature of Condition* <input style="width: 95%;" type="text"/>      |   |   |

**WORK STATUS**

|  |   |
|--|---|
| Employee is unable to work starting (date) <input style="width: 80%;" type="text"/>        | Anticipated return to work date <input style="width: 80%;" type="text"/>  |
| Employee may work modified duty starting (date) <input style="width: 80%;" type="text"/>   | Anticipated modified duty end date <input style="width: 80%;" type="text"/>   |
| Number of hours per day employee may work <input style="width: 80%;" type="text"/>         | Anticipated date employee may return to full-time status <input style="width: 80%;" type="text"/>                   |
| Date discharged from care <input style="width: 80%;" type="text"/>                         | Does the employee have any permanent impairment or restrictions? <input type="radio"/> Yes <input type="radio"/> No |
| Please indicate the permanent impairment and/or restrictions in the comments section below |   |
| May work full duty with no restrictions (date) <input style="width: 90%;" type="text"/>    |   |

**EMPLOYEE'S FUNCTIONAL CAPACITY (Check only those that apply)**

|   |  |  |
|---|--|--|
| <input type="checkbox"/> No pushing or pulling                                      | <input type="checkbox"/> No climbing ladders   | <input type="checkbox"/> No operating a motor vehicle                                |
| <input type="checkbox"/> No repetitive bending or twisting                          | <input type="checkbox"/> No climbing stairs  | <input type="checkbox"/> No inmate/patient/client control or intervention activities |
| <input type="checkbox"/> No reaching above the shoulder                             | <input type="checkbox"/> No running  | <input type="checkbox"/> No repetitive motion to injured body part                   |
| <input type="checkbox"/> No operating hazardous equipment                           | <input type="checkbox"/> Other - please specify <input style="width: 80%;" type="text"/> |  |
| Number of hours employee can sit per day <input style="width: 80%;" type="text"/>   | Number of hours employee can walk per day <input style="width: 80%;" type="text"/>       |  |
| Number of hours employee can stand per day <input style="width: 80%;" type="text"/> | May not lift over (specify number of pounds) <input style="width: 80%;" type="text"/>    |  |

|  |
|--|
| Describe any visual limitations <input style="width: 90%;" type="text"/>                     |
| Describe any psychological or cognitive limitations <input style="width: 90%;" type="text"/> |
| Describe any environmental limitations <input style="width: 90%;" type="text"/>              |

|   |
|---|
| Comments <input style="width: 90%;" type="text"/> |
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|   |  |
|---|--|
| Healthcare Provider Name <input style="width: 90%;" type="text"/> | Provider Speciality <input style="width: 90%;" type="text"/>   |
| Provider Address <input style="width: 90%;" type="text"/>         | Provider Phone Number <input style="width: 80%;" type="text"/> |
| Provider Signature <input style="width: 90%;" type="text"/>       | Date <input style="width: 80%;" type="text"/>                  |

|   |
|---|
| Send Completed Form to <input style="width: 90%;" type="text"/> |
|---|

\* The Genetic Information Nondiscrimination Act of 2008 (GINA) prohibits employers and other entities covered by GINA, Title II from requesting or requiring genetic information of an individual or family member of the individual, except as specifically allowed by this law. To comply with this law, we ask that you do not provide any genetic information when responding to this request for medical information. Genetic information includes an individual's family medical history, the results of an individual's or family member's genetic tests, the fact that an individual or an individual's family member sought or received genetic services, and genetic information of a fetus carried by an individual or an individual's family member or an embryo lawfully held by an individual or family member receiving assistive reproductive services.